

# House of Freedom



House of Freedom

Annual Report 2024

*Caring for Your Body, Mind, and Soul*





*Olga Morales*  
Co-Founder/CEO  
House of Freedom

2023 marked the completion of my twentieth year as President and CEO of House of Freedom. Serving as President and CEO of House of Freedom has been the most rewarding work experience of my life. I have been involved in the behavioral health industry for over 43 years and House of Freedom has given me and our dedicated staff the opportunity to make a real difference in communities we serve.

When I started here in 1991, we had two employees, which were my husband Rev. Esteban Morales and myself. Today, House of Freedom staffs over 30 full time employees that work together to assist the persons served at our institution and the communities where we live and work. Since our inception back in 1991, we have acquired new buildings and improved our facilities to provide the absolute best service available to those seeking assistance.

During this last fiscal year we provided countless hours in uncompensated care which I have personally encouraged to demonstrate our willingness and commitment to the persons served and to show that our number one goal is for each individual to find the happiness they deserve and doing so in a healthy lifestyle.

## Board Members

**Vice President**  
Sherlley Campos

**CFO/Treasurer**  
Iris Yolanda Ponce

**Secretary**  
Yanira C. Diaz



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Get Help Now. Call 888-796-8040

## Program Services

### Residential Programs

**90-Day Intensive Residential** – The 90-day intensive residential treatment provides the person served with a fundamental basis on the relapse prevention skills needed for a successful recovery. The individual will follow complete the Living in Balance 12 core sessions and will also have the opportunity to take supplemental sessions tailored to their treatment plan recommendations.

**15 Month Long Term Residential** – The 15-month program is a long-term program divided in 5 phases. Each phase has clear objectives designed to fully restore the individual's capacity to function in society. Throughout these phases the individual not only will have the opportunity to target their chemical dependency but also receive vocational and educational training, leadership development, and transitional housing services.

### Outpatient Programs

**Regular Outpatient** – Regular outpatient treatment can range anywhere from 4 to 8 months always depending on the client's individual treatment plan and progress. Services in treatment plan include but are not limited to weekly individual and/or group therapies, family sessions, urinalysis, and self-help groups.

### Hyperbaric Oxygen Therapy

Drug addiction is a tough battle to fight. In order to win, we need all the help we can get! One of the latest tools available in our arsenal to help with drug rehabilitation is oxygen therapy. Our bodies need adequate oxygen to function, but when any part is injured, it requires even more oxygen to repair and survive.

The air in our environment only contains 21% of oxygen. We need a more effective way to use oxygen as a therapy. The best method is to find a way to deliver a more significant concentration of the gas produced at a higher pressure. Your lungs can take in up to 3 times the amount they could usually take in in this environment. This is why one of the most successful solutions in this situation is Hyperbaric Oxygen Therapy.

Hyperbaric Oxygen Therapy (HBOT) provides a spacious, pressurized oxygen chamber that delivers 100% oxygen inside the area. Compact and wonderfully functional, it's usually found at some of the top drug rehab centers, addiction treatment facilities, physician offices and clinics.

A simple, painless, and non-invasive process, HBOT gives you a comfortable, secure, and relaxing treatment option, to get over stressful periods of drug and alcohol withdrawals

# Statistics

## Client Service Counts Days/Encounter

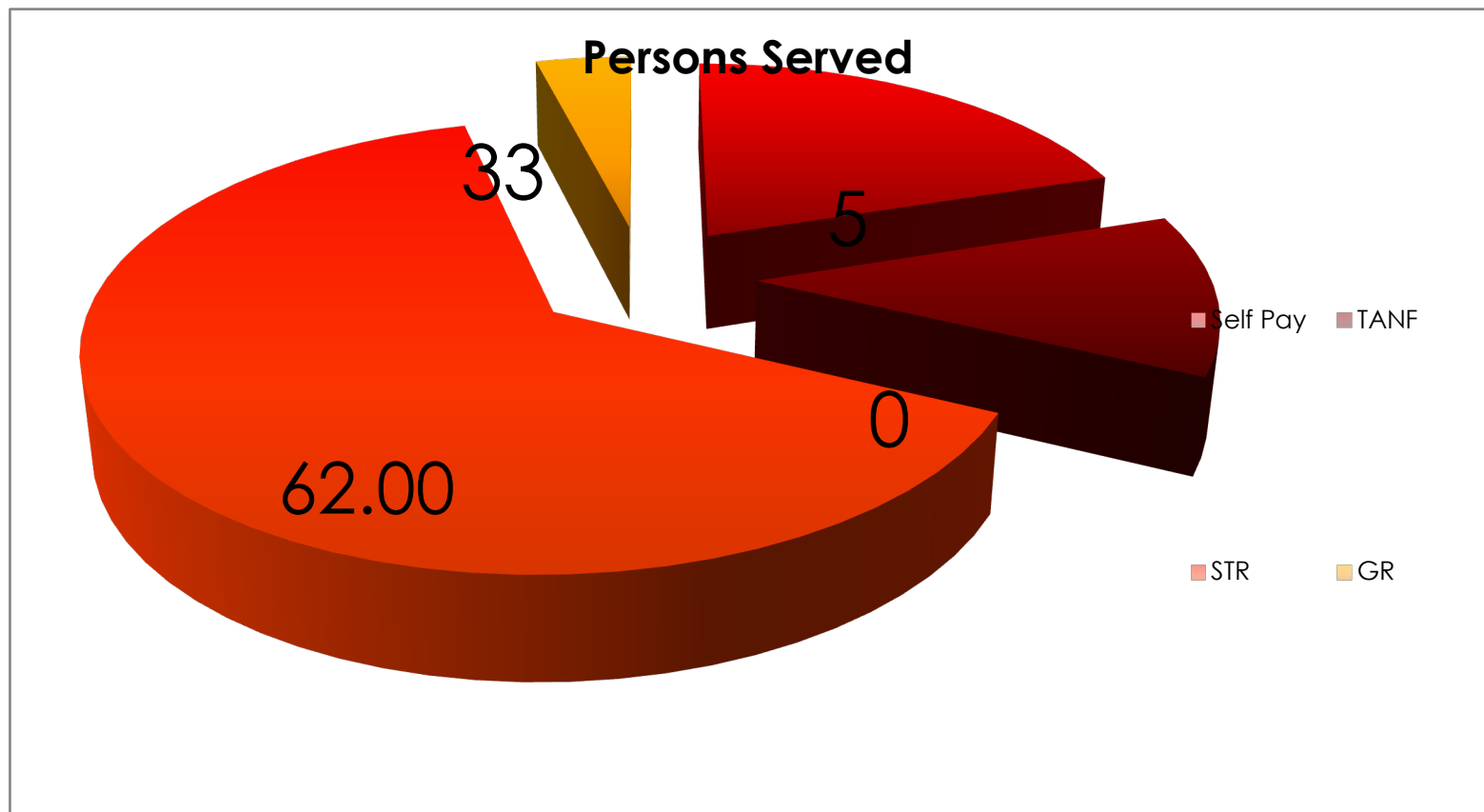
Adult Substance Abuse Residential Level 3 Days	2011
Success Rate	75%
Retention Rate in Days	125
Average Age	34
Hispanic Population	100%

### **Persons Served**

Total Number of Persons Served  
Residential -16

Total Number of Persons Served  
Outpatient -47

# Financials



# *Future Plans*

**House of Freedom has set the following goals for itself with new, or expanded programs to better serve our community.**

- Enhance our co-occurring capabilities for Behavioral Health & Substance Abuse Treatment.
- Expand our current facilities to improve overall recreational activities.

## Main Facilities



## Puerto Rico Facilities



## Hacienda Morales

